

Program Guide for Youth Camps

Lutherdale is excited to welcome your camper for a week of life-changing adventure and programming this summer! As we prepare to create a safe, fun, and memorable experience for all our summer guests, we want to share some important details to help your preparation go smoothly. Please read this information packet in its entirety. Thank you for making camp at Lutherdale a priority for your family!

Blessings,

Grace Crevier Program Director grace@lutherdale.org (262) 949-2284

REQUIRED FORMS & REGISTRATION OPTIONS

The following information <u>MUST BE completed at least 7 days before</u> your camper's session begins. We encourage you to complete this information now. Please login to your online account accessed via Lutherdale's website www.lutherdale.org. On your dashboard, select your camper under CAMPERS Section.



Locate the section titled MEDICAL. Complete the three required categories ALLERGIES, MEDICATION, & OVER THE COUNTER MEDICATION. Please note, this information will also be collected on the PARTICIPANT HEALTH HISTORY form. It is required to be completed in both locations.



Locate the section titled FORMS. FORMS contains three separate tabs for Online Forms, Download Forms, and Upload Forms.

Locate the section titled OPTIONAL ITEMS. Update the Cabin Mate request, if desired.

Online Forms Please review and complete all forms listed 7 days before arrival to camp.

Summer Participant Sign-Out Authorization

Youth Summer Participant Waiver

2024 Food Service Questionnaire

Camper Success Form- NEW THIS YEAR

Camper Profile

Youth Summer Participant Health History - In the case of an emergency, if we are unable to reach either parent/guardian, the next contact will be the Emergency Contact. Please ensure that Emergency Contact information is someone OTHER than a parent/guardian.

Cancellation Policy

If you need to cancel, there is a \$100 non-refundable deposit. Everything else will be refunded to your payment method on-file.

Camper Photos

Lutherdale is thrilled to share that this summer, you will have the opportunity to access, download, and easily share all your beloved photos and videos via our Waldo Photos gallery!

Waldo Photos is a platform with a website and mobile app that provides a special code to access your camper's photo album from camp. **You will receive this code during check-in/arrival on Sunday.** You can share this code with any family/friends who would like to see the photos. To keep our campers safe, please keep the code secure and do not post access to the album on your social media.







View, download, and share all your favorite photos from camp!

Head to waldophotos.com/galleries and insert our join code below:

FINAL PAYMENTS, ADD-ONS, AND CANTEEN

In your online account, in the \$ FINANCIAL Section, you are able to add money to your camper's camp store account, make a donation to Lutherdale, and/or make and complete your payment for summer camp. Click on the MAKE A PAYMENT button.

Final payment for summer camp must be completed at least 7 days before your campers session begins.

If your camper is interested in the following items, log into your online account and locate the section titled REGISTRATION under the participants profile. This section lists the program(s) the participant is registered for. If applicable, the following options will be available for your camper to select. Click on the button titled SUB PROGRAMS. These items must be added at least 7 days prior to your camper's session.

Activity Fees

If you see that there is an activity fee on your camper's account, this is part of the programming for the week, and is not optional. This payment is used to purchase special materials for the week.

Tower & Zip-line

Lutherdale's 40-foot climbing tower and 400-foot zip line is available for campers during their session of camp. <u>The program is limited to those attending a Full Week program</u> <u>and whom can fit safely into one of our harnesses.</u> (We do have XS-XXL harnesses). Cost is \$15 per person for 1 session. The Tower and Zip Line are included free of charge for Confirmation Camp.

Meal Plans

Gluten-Free, Dairy-Free, Vegetarian, and Vegan Meal Plans are available for an extra \$2 per meal. This option is not a la carte. When selected in REGISTRATION under SUB PROGRAMS, ALL meals follow the selected meal plan. Should a particular meal plan be needed because of intolerances or food allergies, please make sure they are noted on the 2024 Food Service Questionnaire Form. If you have any additional concerns, our chef is happy to discuss the menu with you in advance. Please call the office to reach our Chef.

Canteen (Camp Store)

The Canteen is open once a day for campers to purchase drinks, snacks, and clothing or other novelty items. Gluten Free, Plant Based, and Dairy free items are available. Campers are limited to the number of food/drink items they can buy at each canteen time and are not able to keep any food items or cash in their cabins. During check-in, families will have the opportunity to add money to their canteen card. Money can also be added online through your registration account up to 14 days before your arrival day. We recommend adding \$20-40 in the canteen per camper. See sample pricing on page 9. The Canteen will also be open during check-out on Friday to purchase any last minute items. Any left over money will be given to campers/guardians at check-out on Friday.

Want to learn more? Talk with Lutherdale Summer Staff directly!

We want you to have the best camp experience possible. Contact us by phone at (262)742-2352 or info@lutherdale.org

ARRIVAL & DEPARTURES











Arrival | Check-in

Check-in at camp will happen in the Pavilion located next to our Main Parking Lot. Families may choose to view their camper's cabins. For full week and half week campers, please arrive between 2:00PM-4:00PM on Sunday afternoon. Our staff will welcome you and direct you

through the process. When your camper arrives at camp, they will receive their cabin and cabin leader assignment. check-in with the Healthcare Coordinator and complete a health screening, then settle into camp. Lutherdale staff will check and confirm the

status of any unexplained absentee campers after the close of the check-in.

Departure | Check-out

For full-week camps, we invite camper caretakers to Closing Worship on Friday at 11:00am. Worship will be held in the Chapel. Worship will last approximately 45 minutes and feature cabin groups leading the songs, skits, and pravers. Campers will only be released to an adult authorized on the 2024

Summer Participant Sign Out Authorization Form, which is found in the camper's online account. The authorized adult will be required to sign a check-out form with the cabin leader before the camper may leave camp. To receive a canteen camp store refund, campers must stop by the

camp store. Any refunds that have not been picked up by 1 pm will be considered a donation to Lutherdale's mission and ministry.

Please keep in mind, pets are not allowed on Lutherdale's campus; If brought, they must stay inside vehicles. Smoking is also not allowed on Lutherdale property.

Sunday Arrival

2:00 PM - 4:00 PM

Friday Worship

11:00 AM

If you need to arrive later or be picked up earlier than the scheduled time, please contact the office at (262)742-2352 or info@lutherdale.org.

Directions to Camp

Lutherdale is located on the west side of US Highway 12/ State Road 67, about 10 miles southeast of Whitewater and 8 miles north of Elkhorn. WI. Our address is N7891 US Hwy 12. Elkhorn. WI 53121 or Lutherdale Rd.

Please note, during Summer 2024 there WILL be road construction on Hwy 12 between Elkhorn & La Grange.

From Milwaukee: I-43 South to Hwy 12 West, to Hwy 67 South From Madison: Hwy 12 East From Rockford: 1-90 North to I-43 East to Hwy 12 West

From Chicago: I-94

Please note that some GPS apps route vehicles to a back gate on Lauderdale Dr. This entrance is not open. All vehicles should enter using the main entrance to camp, directly off of Hwy 12, marked with a large Lutherdale sign.



HEALTH CARE INFORMATION

Lutherdale's Health Care Manager is on duty 24 hours a day and is responsible for managing the health concerns for the entire camp. The care we give includes dispensing of medication and addressing medical emergencies. Lutherdale is governed by Wisconsin State Law and American Camp Association (ACA) Standards.

The laws of the state and the ACA standards obligate us in the dispensing of medications. We can only dispense prescription medication as it is written on the accompanying prescription bottle.

<u>Please bring medication in its original bottle.</u> If the prescription has changed, please have your doctor or pharmacist indicate this. We can only dispense medications that are prescribed to the camper by a physician. To minimize the number of over the counter medications brought to camp, we stock, and can supply the following: Acetaminophen, Phenylephrine decongestant, antihistamine, diphenhydramine antihistamine, sore throat spray, Calamine lotion, Laxatives for constipation, Ibuprofen, Pseudoephedrine decongestant, Antacids, Hydrocortisone cream, eye drops, Guaifenesin cough syrup, Dextromethorphan cough syrup, generic cough drops, antibiotic cream, aloe, Bismuth subsalicylate for diarrhea. Great care is taken in the use of all drugs to promote the best health of everyone at camp.

<u>Before Lutherdale Staff administer any over the counter medication, the</u> <u>parent/guardian will be contacted.</u> Great care is taken in the use of all drugs to promote the best health of everyone at camp.

Lutherdale follows a set of standing order procedures that are reviewed on an annual basis by a physician. If your child has a special medical condition or need, please let us know before they come to camp so we can prepare for them. Please feel free to call the camp if you have any questions or concerns.

If there is an emergency or serious illness parents will be contacted by camp staff. When necessary, the Aurora Lakeland Medical Center is located less than 10 miles from camp.

STILL HAVE QUESTIONS? With any questions about camp, please contact the camp office at (262) 742-2352 or email info@lutherdale.org.

Healthy Camp Begins & Ends at Home

Here are some things you can do to help your child have a great experience at Lutherdale.

- If you are concerned about your child's mental, emotional, or social health challenges, please make sure to indicate on the Camper Success Form. Proactively discussing Lutherdale's ability to accommodate your child and advance communication can help minimize potential problems and facilitate a positive camp experience.
- Talk with your child about telling their cabin leader or healthcare coordinator about problems or things that are troublesome at camp. Camp staff are here to be helpful in facilitation of activities, care of camper emotions, and coping strategies for homesickness. These caring adults can't be helpful if they don't know about the problem so encourage your camper to talk to them.
- Closed-toe shoes are required at Lutherdale except when at the waterfront or in the cabin. Closed-toe shoes help campers avoid slips, trips, and falls that can result in injuries.

Contact with Home

At camp, we create a sacred place apart where campers are removed from distractions of their everyday lives. We focus on developing a close Christian community with those around us. Taking a break from technology is an important and intentional part of creating that community. We understand that cell phones provide you and your camper with security and comfort of unimpeded contact anytime, anywhere. We're offering some alternative communication to cell phones for you and your camper!

Mail

There is nothing better than a letter from home when you are away at camp. Please use the address to the right for postal mail. Make sure your camper's mail is postmarked by Tuesday if your camper is attending a full week of camp. You are also welcome to bring letters or a small care package and turn them in at check-in. Staff will give them to your camper throughout the week.

Campers can mail letters or postcards out daily from camp so feel free to send pre-addressed, stamped envelopes along to encourage their letter writing home to you, family, and friends.

Email your Camper

Camp to Home Contact

We will use phone numbers or emails listed on the health and registration forms in order to contact families if needed throughout the week. In case of severe weather, the Program Director will post updates on Facebook and email families directly as circumstances allow. Communication may be delayed as Camp Directors are needed to tend to camper safety.

Please Address Mail to:

Camper Name Lutherdale N7891 US HWY 12 Elkhorn, WI 53121

We offer a one-way email service to connect with your camper during their time at camp. We monitor and print these emails, then deliver them once a day. Please note that campers are not able to send a return email.

In your camper account, you will have an option to sign up for 'one way communication' in the lower left corner of your dashboard screen. You may send unlimited emails to your camper, Monday through Thursday. The fee is \$5 per participant. Please note that emails through Campwise will be able to be read by some staff as they print and distribute the messages to the campers.

We make our best effort to see that your camper receives their email notes in a timely fashion. We hand out mail/emails once a day at lunch. Due to camp programming, we cannot guarantee emails will be delivered the same day they are sent.

OTHER IMPORTANT INFORMATION





Waterfront Safety

At the Lutherdale waterfront, there are zebra mussels, small, clam-like animals that cling to hard submerged surfaces. The shells of these animals are sharp and can cause cuts on unprotected skin. We are suggesting that all campers plan to wear shoes of some kind while in the lake: sandals, aqua socks, or old tennis shoes. This will reduce the risk of injury to the camper, as well as help us coexist with the mussels.

Camper Offering

At the end of their program, campers will be given an opportunity to give a portion of their Camp Store money to support and strengthen Lutherdale's ministry. We feel it is important for both adults and youth to have the opportunity to give something back to a God that has shown so much love. It's amazing what a \$.25 or \$2 offering can do when placed in God's hands.

WHAT IS THIS SUMMER'S THEME?

We are loved and accepted by God even before we enter this world. The fact that God knows our innermost selves is mind-boggling at the very least. Even when we feel alone and unseen, God sees us and knows us, never leaving our side. Maybe even more brain-bending is that we do not need to do anything or prove a single thing to receive God's free gift of abundant mercy and grace.

Each bible study gives an opportunity to explore more deeply the authentic selves God has created us to be. We will learn what it means to be siblings in Christ — humans who are brave enough to encourage and stand up for each other, sharing burdens as well as joys. We grow and learn more about ourselves while listening to and sharing with each other.

CREATED TO BE

> "I PRAISE YOU, FOR I AM FEARFULLY AND WONDERFULLY MADE. WONDERFUL ARE YOUR WORKS; THAT I KNOW VERY WELL." -PSALM 139:14

DAILY SCHEDULE

This schedule is subject to change, but gives an idea of what campers will be doing on a daily basis.

	2:00 PM	Check-in/Drop Off
	4:00 PM	Swim Tests and Cabin Time
	5:30 PM	Dinner
	6:15 PM	Introductions, Procedures, and Games
	8:00 PM	Snack and Campfire
	9:15 PM	Omegas and Get Ready for Bed
	9:45 PM	Lights out!
	7:45 AM	Alpha
	8:00 AM	Breakfast
	9:00 AM	Field Time
	9:30 AM	Worship
	10:00 AM	Bible Study
	10:45 AM	Activities by Choice
	12:00 PM	Lunch
	12:45 PM	FOB - Rest time
	1:30 PM	Activity 1
	2:30 PM	Activity 2
	3:30 PM	Activity 3
	4:30 PM	Cabin Time
	5:30 PM	Dinner
	6:30 PM	Cabin Cleaning and Prep for Game
	7:00 PM	All Camp Game
	8:00 PM	Snack and Campfire
	9:00 PM	Omegas and Get Ready for Bed
	9:30 PM	Bed times staggered by age level
	8:00 AM	Pack Up and Cabin Cleaning
	9:00 AM	Brunch
	10:00 AM	Bible Study
	11:00 AM	Closing Worship
	12:00 PM	Check-out and Goodbyes

Traditional Camp Activities

- Archery
- Arts & Crafts
- Baseball
- Basketball
- Bible Study
- Canoe
- Canteen
- Campfires
- Court Games
- Climbing Tower
- Low Challenge Course
- The Farm
- Field Games
- Fishing
- Flying Squirrel
- Gaga Ball
- Geocache
- High Challenge Course
- Kayak
- Kickball
- Nature Activities
- 9-Square-in-the-Air
- Paddle Board
- Parachute Games
- Pontoon Rides
- Soccer
- Swim
- Waterslide
- Worship
- Volleyball
- Zipline

Sunday

OTHER IMPORTANT INFORMATION

Lost and Found

We collect LOTS of lost and found items every week at camp. Please make sure to label all items with your camper's name. Lost and found items are kept at camp until September 1st when they are donated to a local charity.

Please call the office at (262) 742-2352 as soon as possible so we can be on the lookout for any lost items.

Respect

Please respect and do not harm any property or anything that you find in nature. Please leave all animals alone.

Trained Staff

Specialized activities such as, but not limited to; waterfront, swimming, boating, canoeing, rock-climbing, and low ropes are only accessible when trained staff are present and leading the activity. No other access will be granted.

Canteen Continued

Here is a sample pricing of items sold in the canteen. The store is once per day for campers as well as after closing worship of all camp sessions.

Suggested amount: \$20 - \$40. Manage your camper's canteen funds in your registration account at lutherdale.org.

Soda:\$1.50 Water: \$1 Candy: \$2 Chips: \$1 Ice Cream: \$1.50 - \$4

Lutherdale Water Bottle/Hats: \$10-15 Jewelry/Flashlights/Bags: \$4-10 Stuffed Animals: \$8-12 Lutherdale T-shirts: \$15-20 Lutherdale Sweatshirts & Hoodies: \$25-35

We are God's Creation

We are God's Creation and believe it is important to take care of our bodies. We offer an alcohol free, smoke free (e-cig, & vapes, chewing tobacco, etc) and drug free environment. All forms of marijuana are illegal in the state of Wisconsin.

Camp is weapon free. All guns, knives, explosives, and fireworks are prohibited.

Camp reserves the right to hold inappropriate personal items of campers. Return of the item will, if appropriate, be made at the end of the camper's stay; parental contact and authorization may be necessary for this return.

Lutherdale Lingo

ABC's	Adventure/Activities By Choice
Alpha	First Scripture of the day
Omega	Last Scripture of the day
All Camp	Evening game time when the whole camp plays together
Village	A group of 2-3 cabins of a similar age combine to form a village
V.O.D.	Village of the Day, is responsible for tending to the farm animals
V.O.S.	Village of Service, is responsible for cleaning up the dining hall after meals.
ENAC/ The Nest	Eagle's Nest Adventure Center (Team Building)
F.O.B.	Flop on Bunk
Canteen	The camp store where you buy all your great apparel and snacks
ACA	American Camp Association

Packing Tips

- Pack layers of clothing for your camper. Even in the peak summer months, mornings and evenings can be chilly.
- Permanently write, or better yet, use sewn or ironed-on labels that include the first and last name of your camper on EVERYTHING.
- Things do get lost, damaged, and/or borrowed while at camp. Don't pack anything of value. Old t-shirts, sweatshirts and shorts are quite the style at camp!
- Packing a reusable water bottle for use at camp is imperative; hydration is very important to keeping campers healthy. We prefer that campers bring water bottles that have a removable drinking spout/top for refilling.

Packing List

- Socks & Underwear
- Reusable Water Bottle
- Bible
- Personal Toiletries (soap, shampoo, deodorant, toothbrush & paste, comb, etc.)
- Bath Towel & Washcloth
- Flashlight
- Rain Gear
- Shorts & T-shirts
- Pajamas
- Swimsuit(s) & Beach Towel [Bring modest, camp appropriate swimsuits or swim trunks]
- Swim Shoes
- Long Pants / Jeans
- Sweatshirts
- Closed Toe Shoes [REQUIRED]
- Sunscreen SPF 15+ (LABEL WITH NAME)
- Insect Repellent (LABEL WITH NAME)
- Pillow
- Sleeping Bag* and/or Sheets & Blanket
- Prescription Medication (Please pack all medication(s) in a ziplock bag for ease at check-in - MUST be in original containers)

*A sleeping bag is recommended as the cabin can decide to sleep outside. For all High School and Adventure Week programs, campers will sleep one night outside.

Optional Items

- Extra Towel(s)
- Camera (LABEL WITH NAME)
- Hat
- Sunglasses
- Musical Instruments / Guitar
- Team Sport Equipment
- Stuffed Animal(s)
- Cards / Games for Cabin Time
- Book / Journal for Cabin Time
- Dirty Clothes Bag

Leave at Home

- Expensive or Irreplaceable Items
- Cell Phones, Smart Devices & Video Games
- Electronic Devices including Tablets
- Non-Team Sports Equipment i.e. Skateboards
- Fireworks, Weapons, or drugs/alcohol
- Pets
- Hair Dryers, Straighteners & Curling Irons
- Food, Candy & Chewing Gum

LUTHERDALE CAMP MAP

